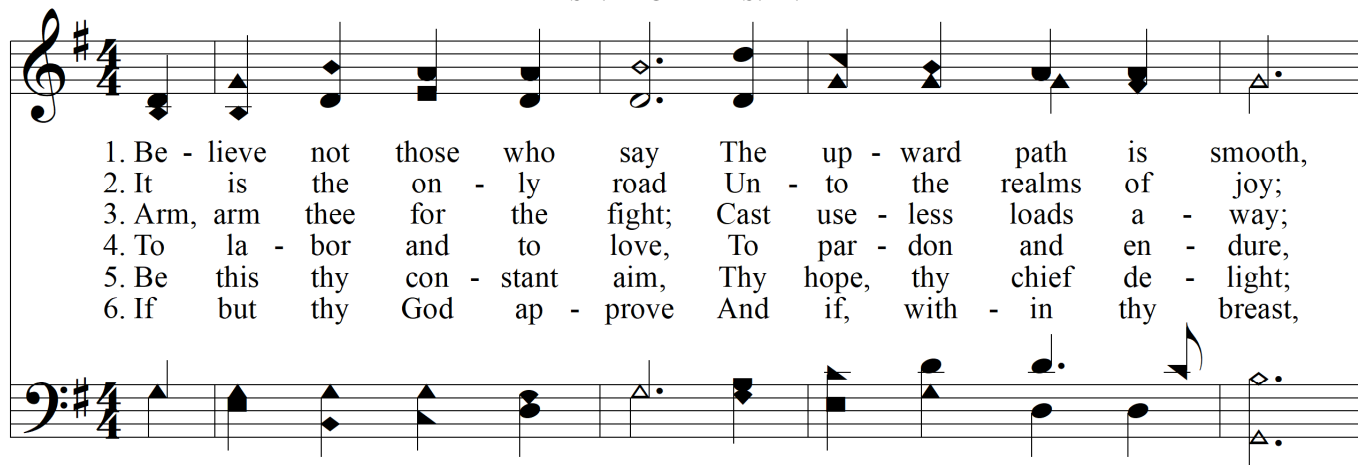
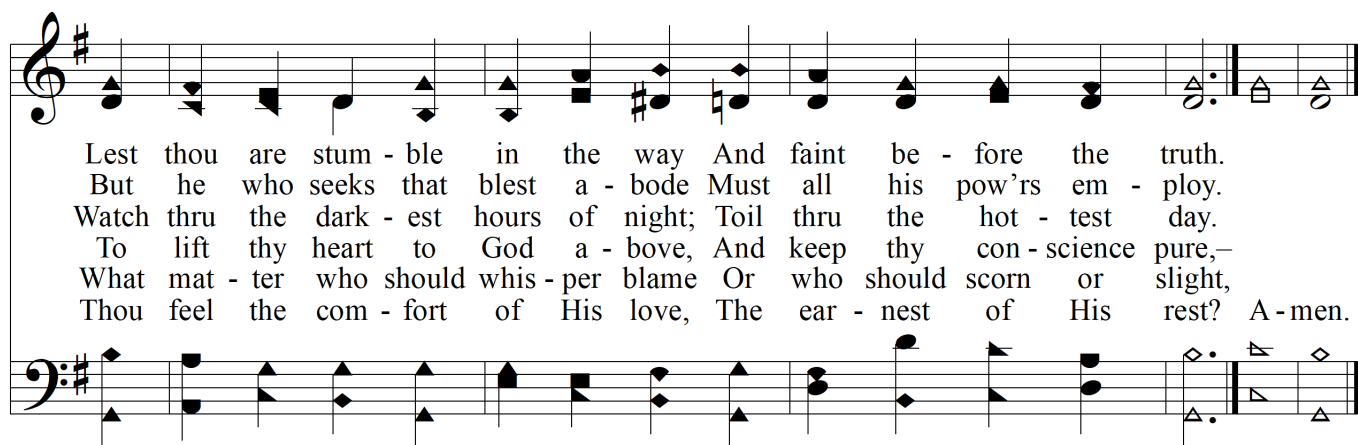


The Upward Path

ST. MICHAEL S. M.



1. Be - lieve not those who say The up - ward path is smooth,
2. It is the on - ly road Un - to the realms of joy;
3. Arm, arm thee for the fight; Cast use - less loads a - way;
4. To la - bor and to love, To par - don and en - dure,
5. Be this thy con - stant aim, Thy hope, thy chief de - light;
6. If but thy God ap - prove And if, with - in thy breast,



Lest thou are stum - ble in the way And faint be - fore the truth.
But he who seeks that blest a - bode Must all his pow'rs em - ploy.
Watch thru the dark - est hours of night; Toil thru the hot - test day.
To lift thy heart to God a - bove, And keep thy con - science pure, -
What mat - ter who should whis - per blame Or who should scorn or slight,
Thou feel the com - fort of His love, The ear - nest of His rest? A - men.