

# He Lifted Me

1. In lov - ing - kind - ness Je - sus came My soul in mer - cy to re - claim,  
 2. He called me long be - fore I heard, Be - fore my sin - ful heart was stirred,  
 3. His brow was pierced with many a thorn, His hands by cru - el nails were torn,  
 4. Now on a high - er plane I dwell, And with my soul I know 'tis well;

And from the depths of sin and shame Thru grace He lift - ed me.  
 But when I took Him at His word, For - giv'n He lift - ed me.  
 When from my guilt and grief for - lorn, In love He lift - ed me.  
 Yet how or why, I can - not tell, He should have lift - ed me.  
 He lift-ed me.

**Chorus**

From sink - ing sand, He lift - ed me, With ten - der hand, He lift - ed me,

From shades of night to planes of light, O praise His name, He lift - ed me!